# Building Safer Workplaces: Why Every Company Needs Regular PoSH Training

Now, creating an environment where all feel safe and included at work is both morally and legally required by the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013. Most people refer to this law as the PoSH Act and it requires all Indian businesses with 10 or more employees to comply, especially when it comes to policy, prevention and awareness.

An organization must take more steps than just having a PoSH policy. It needs to keep all employees updated by providing regular PoSH training.

### What is PoSH Training and Why It Matters

**PoSH training for employees** is designed to educate staff about acceptable workplace behavior, how to identify sexual harassment, and how to report incidents safely. The goal includes both following the rules and transforming the culture.

Investing in proper PoSH training tells everyone that safety, respect and equality are key values in the company. Having regular PoSH workshops, regardless of your industry, can noticeably cut down on incidents and make people report things early on.

### **Role of PoSH Consultants and Trainers**

Providing strong PoSH training needs somebody with experience in law, knowledge about gender matters and strong communication. So nowadays, organizations hire professional <u>PoSH</u> <u>consultant</u> in gender law to direct training courses, guide how internal teams work and review or create organizational policies.

Expert facilitators use real-life cases and make the content from legal sources understandable and useful during every PoSH session. No matter if learning the Act is new for someone or not, consultants ensure all employees of the company can pass as qualified.

A great company offering PoSH training doesn't just give you one workshop for all employees. Depending on the nature of your industry, the makeup of your workforce and how you are organized, they create strategies that match both legal and moral requirements in your company.

### Training Types: Online, Offline, and Hybrid Models

In order to help dispersed and hybrid workgroups, businesses now use online workshops and self-learning materials. They can be given for initial training and annual refresher courses. Besides, live sessions offer a chance for students to clarify anything in real time.

For the most part, training works best when employees start with e-learning basics and then meet with instructors to discuss more detailed topics. This approach helps employees, managers and the Internal Committee to agree on what is expected of each of them.

## **Beyond Compliance: Creating Cultural Change**

While **PoSH compliance** is a legal requirement, training also creates visible change in workplace behavior. Team communication becomes better, clear rules are created and employees develop trust as a result. Performing these sessions on a regular basis makes the work environment better for everyone.

Training individuals in charge of handling complaints allows them to manage cases carefully and according to the law which is safe for the company and comforting for those who have experienced harassment.

PoSH training for employees is valued by businesses, no matter how small or big they are. Focusing on awareness today may stop legal problems, staff leaving the organization or harm to the company's reputation in the future.

All employees are responsible for making the workplace free from harassment. With the help of trained PoSH consultants, engaging training sessions and strong leadership, your company improves safety and respect within the work environment.